



What do I bring?



For Sleeping.

- Sleeping Bag
- Pillow
- Single fitted Sheet
- Extra Blanket if required

For Your Mess Kit

- Tea Towel
- Cutlery – Knife, Fork and Spoon
- Plate, bowl and cup (non-breakable please)
- Water Bottle
- Mess kit must be in a bag
- No disposable items allowed in the mess kit

Clothing

- Swimmers
- T-shirt
- Long pants
- Shorts
- Underwear
- Pajamas
- Hat
- Jumper or Jacket
- 2 pair of runners (one for wet activities)

Other Items

- Insect repellent
- Sunscreen
- Torch / Batteries
- Toiletries
- 2 Towels
- 2 Plastic Bags
- Camera (disposable only please)



